

St. Wulstan's Catholic Primary School
PSHE/RSHE – Life to the Full Plus Overview KS1

Stage	Module 1 Created and loved by God				Module 2 Created to Love Others				Module 3 Created to Live in Community		
Topic	Unit 1 Religious Understanding	Unit 2 Me, My Body, My Health	Unit 3 Emotional Well-Being	Unit 4 Life Cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Life Online	Unit 4 Emotional Well-Being	Unit 1 Religious Understanding	Unit 2 Living in the Wider World	
LKS2	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	
	Story Sessions Let the Children Come	Session 1 I am Unique	Session 1 Feelings, Likes and Dislikes	Session 1 The Cycle of Life	Session 1 God Loves You	Session 1 Special People	Session 1 Real Life Online	Session 1 Good and Bad Secrets	Session 1 Three In One	Session 1 The Communities We Live In	
	Story Sessions Let the Children Come									Session 1 Three In One	Session 1 The Communities We Live In
			Session 2 Girls & Boys	Session 2 Feeling Inside Out	Session 2 Beginnings and Endings		Session 2 Treat Others Well	Session 2 Rules to Help Us	Session 2 Physical Contact	Session 2 Who is My Neighbour?	Session 2 Who Will I Be? Classroom Shorts
			Session 3 Clean and Healthy (My Body)	Session 3 Super Susie Gets Angry	Session 3 Change is All Around Classroom Shorts		Session 3 ...and Say Sorry	Session 3 Harmful Substances	Session 2 Who is My Neighbour?	Session 3 Needs & Wants Classroom Shorts	
										Session 4 Can You Help Me? (Part 1)	
										Session 5 Can You Help Me? (Part 1)	

Year 1 Units

Year 2 Units

We learn and grow with Jesus to love, inspire and serve others.